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| Brief Course Description | The Human Anatomy course studies the human body and its various parts, as well as anatomical terminology which allow the student to connect nutrition and the human body in a deeper way. | |
| Course Prerequisites | <ul style="list-style-type: none"> • Pediatric Nutrition • Adult Nutrition • Geriatric Nutrition • Fundamentals of Holistic Nutrition 1 • Nutritional Symptomatology • Environmental Pollution • Preventative Nutrition • Allergies and Nutrition | |
| Textbooks Required for this Course | Anatomy Colouring Workbook by I.E. Alcamo | |
| Equipment Required for this Course | Coloured Pencils | |
| Course Duration | Course is self paced, distance education. Approximately 50 hours of study. | |
| Homework Hours | None. | |
| Delivery Methods | Indicate how the course is delivered: <input type="checkbox"/> <i>On-site delivery.</i> <input checked="" type="checkbox"/> <i>Distance delivery.</i> <input type="checkbox"/> <i>Combined delivery (on-site and distance.)</i> | |
| Instructional Method | Method of Delivery. (reflect all methods used.) Distance Education. | Contact Hours. Monday-Friday, 9am to 5pm |
| Learning Objectives/Outcomes | <p>Upon completion of this course the successful student will have reliably demonstrated the ability to:</p> <p>After this course you will have a deeper knowledge of the human body and how it works.</p> | |

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| Student Progress/Assessment Methods | Students are assessed based on an open-book exam at the end of the course. Students must score 80% to be considered successful. |
| Attendance Expectations | N/A |
| Dress Expectations (if applicable) | N/A |

Course Details

The following topics are covered in this course, summarizing the subject matter sufficient to achieve the learning outcomes for the course.

| Lesson: | <u>Topics Covered</u> |
|----------------|------------------------------------|
| 1 | Structure of the Body |
| 2 | Skin |
| 3 | The Skeleton and Joints |
| 4 | Facial Muscles |
| 5 | The Nervous System and The Brain |
| 6 | Anatomy of the Endocrine Glands |
| 7 | The Circulatory System |
| 8 | The Lymphatic System |
| 9 | Anatomy of the Digestive System |
| 10 | Anatomy of the Respiratory System |
| 11 | Anatomy of the Urinary System |
| 12 | Male & Female Reproductive Systems |

