

Brief Course Description	The Pediatric Nutrition course explores how good nutrition influences the outcome of pregnancy, and the growing stages of a child (infancy, childhood, and teenage years)	
Course Prerequisites	None.	
Textbooks Required for this Course	Superimmunity for Kids, by L. Galland	
Equipment Required for this Course	None	
Course Duration	Course is self paced, distance education. Approximately 62 hours of study.	
Homework Hours	None.	
Delivery Methods	Indicate how the course is delivered: <input type="checkbox"/> <i>On-site delivery.</i> <input checked="" type="checkbox"/> <i>Distance delivery.</i> <input type="checkbox"/> <i>Combined delivery (on-site and distance.)</i>	
Instructional Method	Method of Delivery. (reflect all methods used.) Distance Education.	Contact Hours. Monday-Friday, 9am to 5pm
Learning Objectives/Outcomes	<p>Upon completion of this course the successful student will have reliably demonstrated the ability to:</p> <p>At the end of this course you will know the basics of nutrition for youth – from the pre-natal through the teenage years. You will also be able to create and recommend menus for the daily lives of that age group.</p>	

Student Progress/Assessment Methods

Students are assessed based on an open-book exam at the end of the course.
Students must score 80% to be considered successful.

Attendance Expectations

N/A

Dress Expectations (if applicable)

N/A

Course Details

The following topics are covered in this course, summarizing the subject matter sufficient to achieve the learning outcomes for the course.

<u>Lesson:</u>	<u>Topics Covered</u>
1	Immune System
2	Nourished Mothers/Healthy Babies
3	Breastfeeding
4	Introducing Solid Foods
5	Toddler Nutrition/Supplements
6	Toddler Immunity – Foods and Supplements
7	School Age Nutrition
8	Teen Years Nutrition