

**Brief Course Description**

This section provides the student with a deeper appreciation of the constantly evolving field of clinical nutritional research. Students will also explore how to utilize clinical research data effectively, providing counsel to clients and the general public.

**Course Prerequisites**

- Pediatric Nutrition
- Adult Nutrition
- Geriatric Nutrition
- Fundamentals of Holistic Nutrition 1
- Nutritional Symptomatology
- Environmental Pollution
- Preventative Nutrition
- Allergies and Nutrition
- Human Anatomy
- Human Physiology
- Biological Studies
- Fundamentals of Holistic Nutrition II
- Fundamentals of Holistic Nutrition IIIA
- Fundamentals of Holistic Nutrition IIIB
- Nutritional Pathology
- Psycho Nutrition
- Chemistry
- Biochemistry Part 1
- Biochemistry Part 2
- Sports Nutrition
- Anti-Aging Nutrition
- Alternative and Comparative Diets

**Textbooks Required for this Course**

None

**Equipment Required for this Course**

N/A

**Course Duration**

**Course is self paced, distance education.**  
Approximately 40 hours of study.

**Homework Hours**

None.

**Delivery Methods**

Indicate how the course is delivered:

- On-site delivery.*
- Distance delivery.***
- Combined delivery (on-site and distance.)*



## Clinical and Nutrition Research Application Course Outline

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|--|---|---|
| <b>Instructional Method</b>                | <b>Method of Delivery.</b><br>(reflect all methods used.)<br><b>Distance Education.</b>   | <b>Contact Hours.</b><br><br><b>Monday-Friday, 9am to 5pm</b> |
| <b>Learning Objectives/Outcomes</b>        | <b>Upon completion of this course the successful student will have reliably demonstrated the ability to:</b><br>Successfully research and read any medical journal article and apply it for the benefit of clients. |   |
| <b>Student Progress/Assessment Methods</b> | Students are assessed based on a 10 page research paper, which is submitted for marking.<br>Students must score 80% to be considered successful.  |   |
| <b>Attendance Expectations</b>             | N/A   |   |
| <b>Dress Expectations (if applicable)</b>  | N/A   |   |

### Course Details

The following topics are covered in this course, summarizing the subject matter sufficient to achieve the learning outcomes for the course.

| <b>Lesson:</b> | <b>Topics Covered</b>                                |
|----------------|--|
| 1              | Common Research Terminology                          |
| 2              | Researching, Reading and Evaluating Medical Articles |
| 3              | Writing a Research Paper and Bibliography            |

